



**Request for City Council Committee Action
Health Department**

Date: April 28, 2014

To: HEALTH, ENVIRONMENT & COMMUNITY ENGAGEMENT
COMMITTEE

Subject: PRESENTATION ON HEALTHY LIVING

Recommendation: Receive and file presentation.

Previous Directives: None

Prepared or Submitted by: Becky McIntosh, Director of Planning & Administration
Phone: x2884

Approved by:

Gretchen Musicant, Commissioner of Health

Permanent Review Committee (PRC): Approval ____ Not Applicable X____

Policy Review Group (PRG) Approval ____ Date of Approval ____ Not Applicable X____

Presenters in Committee: Lara Pratt, Healthy Living Manager

Financial Impact (Check those that apply)

X No financial impact (If checked, go directly to Background/Supporting Information).

Background/Supporting Information Attached

Minneapolis children, families and communities are suffering from the harmful and expense effects of obesity and tobacco use. The Minneapolis Health Department's Healthy Living Initiative works with community partners to create opportunities for everyone to eat healthy, be physically active and live tobacco-free. The initiative consists of 18 projects with the collective goal of preventing chronic conditions such as diabetes and heart disease, which are caused by poor nutrition, lack of physical activity and commercial tobacco products. The presentation will describe the initiative's approach, accomplishments and current projects, with an emphasis on strategies with potential for Council leadership.